Sharing

Hospice Serving VETERANS

Fall 2013
From Pittsburgh to Lexington, no other facility has a more complete range of academically-affiliated medical, surgical and radiation oncologists providing such a comprehensive scope of highly specialized cancer care for both adults and children.

There’s a distinct difference between the level of cancer care you’ll receive at the Edwards Comprehensive Cancer Center and the care you’ll receive at other hospitals in the region.

Deciding where to go for cancer treatment is critically important. Before making that decision, we invite you to compare all hospitals in the region. We’re confident you’ll find that the Edwards Comprehensive Cancer Center at Cabell Huntington Hospital offers a distinct difference in cancer care.

For more information, call 304.399.6500.
A hospice-veterans partnership

Hospice of Huntington expresses gratitude to veterans

The unbreakable bond of sisterhood

Hospice of Huntington invites you to attend our fourth annual retreat

Hospice of Huntington establishes Endowment Trust

11th Annual Golf Scramble

Become a volunteer
A Great Way to go green!

Sign up to receive Sharing Online today! Online subscribers will receive the most recent issue before our mail subscribers, and will also help the environment by reducing paper waste.

Registration is easy! Visit our website www.hospiceofhuntington.org to learn more!

Sharing is published two times a year by Hospice of Huntington, Inc. All rights reserved. Duplication of any materials in whole or part is strictly prohibited without written permission from Hospice of Huntington, Inc.

To be removed from our mailing list, please notify the Development Department by calling 304.529.4217.

---

PUBLICATION OF HOSPICE OF HUNTINGTON, INC.

Publisher
Bulldog Creative Services

Editor
Charlene Farrell

Art Director
Christine Borders

Graphic Designers
Christine Borders, Megan Ramey-Keelin

Contributing Writers
Angela Henderson-Bentley, Carter Taylor Seaton, Hospice of Huntington Staff & Volunteers

Cover Photographer
Ed Peckham

Printer
Chapman Printing Company

---

SHARING ONLINE / COMMENTS
sharing@hospiceofhuntington.org

ADVERTISING
To advertise in Sharing please contact:
Charlene Farrell with Hospice of Huntington, Inc.
at 304.529.4217 or cfarrell@hospiceofhuntington.org.

HOSPICE OF HUNTINGTON, INC.
P.O. Box 464 • Huntington, WV 25709 • 304.529.4217 • 1.800.788.5480
www.hospiceofhuntington.org

---

HOSPICE OF HUNTINGTON, INC.
President & CEO
Charlene Farrell

Board of Trustees
Sarah Denman, Chair
John Oxley, Vice-Chair
Cal Kent, Treasurer
Ed Marshall, Secretary

Members
Barbara Moses Atkins
Scott Bellomy
John Brooks
Deborah Cooley
Olive Hager
Gary Johnson
Fern Jones
Margaret Lavery

David Lunsford
Beverley Pofahl
Chad Schaeffer
David Sheils
Todd Shell
Joan Terry
Glen Washington
My father, James F. Linsenmeyer, known to all his friends and family as Jim, was in the greatest generation. A World War II veteran, he served under General Bradley and was in the battle for the Bridge at Remagen. Some of my earliest memories include playing with his army blanket spread on the floor, my brothers playing with their green plastic army men. I did not realize at the time that World War II had only been over for five years when I was born. In all the years I grew up, my dad did not talk about the war with us. He talked plenty about his buddies and the fun they had together. He was so close to the people that he went to war with that one of them was chosen as my godfather.

In 1988 my dad started receiving care from Hospice of Huntington under the Medicare Hospice benefit. I can recall what a difficult time I had gathering my courage to talk with him about enrolling in the hospice program. That meant, of course, that he had a terminal illness. I had to acknowledge the fact that he would not be with me forever, which made the situation more real than I cared to admit. Hospice care made it possible for me to just be the daughter. He graciously accepted the care because he knew that the services would help his wife and his children.

As his life seemed to slip away, he received a phone call from his buddy, my godfather. He perked up when he heard his voice and then learned that his favorite Maryland crabs were on their way. When they arrived, my mom made his favorite Chesapeake Bay crab cake recipe. He had not eaten well in weeks. That day, as the scent of seafood drifted up to his bedroom, his mood was joyous. He had a wide grin on his face. He sat up in bed and devoured two whole large lump meat crab cakes. As I went to stand by his side, he covered the crab cakes with his hands and grinned. He was in no mood to share. I am sure that the crab cakes brought back many memories of shared meals with his buddies.

Veterans have a special bond with one another. Hospice of Huntington has a special program that honors veterans for their sacrifices and pairs veteran volunteers with veterans receiving hospice care so that they can share that bond once more. Perhaps there are unspoken concerns or memories that they have not shared with their families, but feel comfortable sharing with another veteran. This issue is dedicated to all the veterans who have served our country so well. We honor them and say thank you.
Thomas, a 70-year-old veteran of World War II and a POW in Japan died at the Huntington VA Medical Center in 1991 after an eight-year battle with chronic depression and lung infections. He had received palliative care at home for a time, until his primary caregiver became too ill to care for him. He entered the VA Medical Center in October 1990 and bounced between there and a veterans’ nursing home until his death. Because the VA system in our area operates with rotating staff, different physicians were responsible for his care at different times. This caused frustration and anguish for his paid caregiver who finally brought in his living will and begged the staff to let him die.

Today, twenty-two years later, this doesn’t happen, thanks to Hospice of Huntington President & CEO, Charlene Farrell’s impassioned plea to the U.S. Senate shortly following Thomas’ death. Because of her testimony and that of others, plus the support of West Virginia Senator Jay Rockefeller, then Chairman of the Joint Senate Veterans’ Affairs Committee, things changed shortly thereafter. First, the VA mandated that every VA hospital have some sort of palliative care program in the hospital itself. And they strongly urged each hospital to contract with an outside hospice agency to provide home care to veterans. That paved the way for the VA to pay for services after a veteran has been referred to Hospice of Huntington. In 2012, Hospice served
175 veterans. Sadly, that number is sure to increase. One in four Americans dying today is a veteran.

The story really begins long before that pivotal Senate hearing in 1991. Like Thomas, many veterans wanted to spend their last days at home, so Hospice of Huntington began caring for World War II veterans in the 1980s. If the patient was also eligible for Medicare, there wasn’t a problem since Medicare paid for hospice services. If the veteran either didn’t have Medicare or still wanted to be linked to the VA, which was not paying for home care through hospice, they were left without the needed services. That concerned the workers at Hospice of Huntington. They wanted the veterans to have continuity of palliative care and access to hospice services after they left the hospital. This situation galvanized Charlene Farrell. She’d always had a soft spot in her heart for veterans since her father, husband, son, and father-in-law were all veterans.

“There was a gentleman at the VA Hospital who desperately wanted to go home, but didn’t have any support system to help him with his illness,” she recalls. “I was just frustrated. One day I picked up the phone and called Senator Rockefeller’s office and said, ‘Can’t we do something to make sure these veterans get care at home?’ Well, it just happened to be the right time because they were getting ready to have a panel testify before the Joint Senate Veterans’ Affairs Committee to discuss this very issue.” Senator Rockefeller asked her to come testify. “When a patient is so ravaged by disease that a cure is not possible, the focus needs to be on allowing patients to make choices about their lives and about providing them as much freedom from pain and other symptoms as possible,” she argued. That made all the difference. Today, Rockefeller applauds the importance of what occurred following that hearing. “Our veterans deserve the absolute best care throughout their lives...I am deeply proud of the work Hospice of Huntington does in caring for veterans who are nearing the end of their heroic lives—and I stand with them each and every day.”

Today, Hospice of Huntington provides several services for veterans besides direct hospice care. As a Hospice-Veterans Partnership member, the agency is dedicated to increasing veterans’ access to hospice and palliative care, to strengthening the relationship between Hospice and the VA Medical Center, and to educating veterans and their caregivers about end-of-life care options. The agency regularly shares information about available resources, advance care planning, and care options with veterans’ groups. Veteran Terry Blake, a Hospice volunteer for thirteen years, often speaks to area civic and veterans’ organizations, attends outreach events, and visits the VA home in Barboursville to get the word out. He’s also on the lookout for other veteran volunteers who will help with the newly launched Vet-to-Vet Volunteer Program.

Beginning in 2012, Ed Peckham, chairman of Hospice of Huntington’s Veterans Committee, began training veteran volunteers to work one-on-one with veterans enrolled in hospice as part of the agency’s participation in the We Honor Veterans Program. Blake was an early Vet-to-Vet volunteer. “The program targets those veterans who have special needs; they may be in their later years and want to reminisce about a particular duty station, a particular country, a particular battle, a particular unit,” he says. “Only another veteran, regardless of what service, can relate to what it’s like. It’s like meeting somebody from...
“The Marine Motto, “Semper Fidelis” means always faithful. Once a marine, always a marine. The Hospice Veterans’ program has allowed me to carry on the tradition.”

- Terry Blake, Veteran and Hospice of Huntington Volunteer

West Virginia and you talk about the Appalachians without going into the history of Appalachia.” This shared history may include stories they’ve never felt comfortable telling loved ones, so it’s a bit like confessing to a priest, or to someone who has had similar experiences, Blake explains. “Other individuals don’t really want to talk about the war or certain elements of the war, but they want to talk about other things. Others, as they get closer to the end, just want to reminisce about the life that they had back when they were younger, the respect that they had,” he says. “It just feels good to listen to their side of it.” Hospice currently has seven Vet-to-Vet volunteers.

At the Emogene Dolin Jones Hospice House, veterans receive special attention. On the plaque outside the door of a veteran is an American flag. Additionally, each veteran at the hospice house receives a red, white, and blue lap blanket through Hospice’s prayer shawl ministry. Every veteran, including those in the home care program, receives an American flag pin and a certificate thanking him or her for their service. This fall, Hospice will erect a flagpole at the hospice house for an American flag display. While providing care for veterans in their last days is the primary mission of Hospice of Huntington, one final tribute is afforded those who die at the Emogene Dolin Jones Hospice House. “When a veteran dies, if the family agrees, we have a veteran’s ceremony as they leave the Hospice House,” says Charlene. “Every employee lines the hallway. We close all the other doors and when the body is being removed, we place an American flag over it. We escort the body out to the hearse as Bob Webb, our facility manager and Vietnam veteran, salutes the flag-draped body.”

As Charlene says, “This veterans program has come a long way in twenty-two years.” She adds, “Baby Boomers are going to need hospice services more and more as time goes on. I think that this veterans program is very important because they deserve to have our respect at the end of their lives and acknowledgement for their service.” Fortunately, Hospice now provides that.
A simple “thank you” goes a long way. The sacrifices our men and women in uniform make for our freedom often go unnoticed. Perhaps the call to service was because of the draft, or a sense of duty, or a desire to get benefits to pay for school. But that call of duty often changed as the reality of war, sacrifice, and grief over lost buddies became a reminder of our own human frailty. Our countrymen lost their innocence of how they thought the world was; they lost time with their families, missed babies being born and loved ones being buried. Many times servicemen and women do not feel worthy of notice because they were not assigned to a combat zone, but their sacrifices were just as real as they interrupted their lives and were willing to serve wherever they were needed.

Hospice of Huntington salutes all of our veterans by providing them with a special certificate of thanks and a flag pin to say, “thank you for all you have done for our country.” Veteran Ed Peckham, chair of the Veterans Committee for Hospice of Huntington and co-chair of the Hospice Council of West Virginia’s Veterans Committee, stated, “I am always moved by these pinning ceremonies. Even those who are not very aware of their surroundings stir and respond when these ceremonies take place. One of the most moving ceremonies was when I saluted a World War II vet who, with a shaky hand, slowly moved his arm up to return my salute.”

Do you know a Veteran seeking employment? Are you a Veteran that is unemployed or underemployed? We can help.

Email us today for more information: jobs@westvirginiaveterans.org
You only need to spend a little time with the two elderly women from East Pea Ridge to discover why they’ve completely charmed all of their hospice caregivers in only four months.

Regena Faye Steele is 91 years old. In February 2012, her now 84-year-old sister, Pauline Adkins, moved in with her after Regena’s congestive heart failure left her unable to live by herself.

The two have led incredibly interesting lives. When her husband went to World War II, Regena went to work at Sylvania as a welder, welding wires used in rockets until the plant closed 10 years later. After going to business school and taking keypunch classes, Pauline worked in an office for a few years.

Those things might not seem that interesting until you learn that both Regena and Pauline are deaf. Regena’s hearing was damaged when she was four years old and developed scarlet fever. Measles cost Pauline her hearing at age one.

Ask Pauline if being deaf her whole life has been hard for her and she instantly displays her warm sense of humor. “It’s hard only when people talk,” she said. “We faked hearing for a while.” Pauline said it did bother her when she couldn’t answer the phone at the office and she admits she had a terrible time in middle school and high school. However, she did end up with a 4.0 GPA. When her counselor commented on it, Pauline said, “I’m deaf, not dumb.”

It’s partly because of her strong independent streak that Pauline initially refused Hospice services for Regena. “I wasn’t ready,” she said. “I thought it was giving up. That they were just letting people die.” But Pauline has been nothing but pleased with Hospice since they began helping her at the beginning of February.

The sisters had five brothers with only two still living. But since those brothers don’t live in the area, Pauline and Regena are all on their own. So Hospice tries to give Pauline some relief to allow her to rest or do things for herself. Hospice also monitors Regena’s health and assists Pauline with making phone calls and other needs.

Vicki Crook, Regena’s nurse, visits once a week. She has seen a remarkable change in Regena’s health since she’s been under Hospice care and Pauline agrees. “Regena was suffering with pain and crying,” Pauline said. “Now that’s gone away.”

Regena has gotten so close to Vicki, she calls her Vicki Faye.

The sisters’ deafness has caused the Hospice workers to be more creative with how they provide care. Because the sisters can’t hear well enough to talk on the phone, they text with the on call workers. “They’re the first to do that,” Margie Copley, Regena’s social worker, said. “It’s worked pretty well.”

“I wish everybody had to text,” Pauline said.

Pauline has a cochlear implant and can hear fairly well if spoken to in a loud, clear voice. Regena is an excellent lip reader and can understand what is being said if the person is looking directly at her. Their two dogs are the sisters’ door alarms, barking loudly when anyone comes near. But Vicki said it hasn’t been that difficult to communicate. “They’ve really made it easy,” she said.

Margie is quick to compliment both Pauline and Regena on how they handle things. “They do it all on their own,” she said. “They’re not handicapped in any way. Pauline takes good care of her. They’re a good team.”

Ask the pair if they get along and they both agree that they do. “We say what we please,” Pauline said. “But we always get along.”

“She makes a lot of things funny,” Regena said.

Regena is glad to have her sister living with her and is happy to have the help of Hospice, but it’s been difficult for her to accept giving up her independence. Regena did her own yardwork, painted her entire house and loved flower arranging and quilting—all things her failing health has forced her to give up. But Pauline is right there to keep things positive.

“I tell her, ‘You’re not heavy, you’re my sister,” Pauline said. “I help her, she helps me.”

Ruth Swanson, one of our patient care volunteers, is helping to fulfill the patient’s last wish of finishing the quilting on two quilts Regena started.
A Prayer of Gratitude

Heavenly Father,

We offer this prayer today in gratitude for all of the brave men and women who have given of themselves and offered military service for this country.

For those who were called upon and gave their lives for our freedom, we thank you for their courage and pray for peace for their families, friends and comrades.

For those who have served valiantly and returned home with physical, emotional or spiritual scars, we pray for healing of body, mind and spirit.

For those who are currently serving to preserve our country, we pray for their protection and may they safely return home soon.

We join our hearts together and ask a special blessing on each veteran, current service member and their families, as they have made such great sacrifices to sustain our nation. We thank them, we are proud of them, we respect them and we honor them this day and always.

May the love that you give be the love that we bestow upon those who have served both home and abroad.

Amen

Prayer by Zac Arrowood
Hospice of Huntington Chaplain
Educational Sessions and Classes

Meetings are held at Hospice of Huntington, 1101 Sixth Avenue, Huntington unless otherwise noted. Reservations are required for all.

The Grief Journey
Explore various aspects of grief and ways of coping with life changes after a loved one dies through attending this six week class.

Mondays | 3 pm
October 7, 14, 21, 28 and November 4, 11

or

Wednesdays | 10:30 am
November 6, 13, 20, 27 and December 4, 11

Transitions Group
Attend these sessions that will combine both group discussions on grief and socialization through recreational activities.

Wednesdays | 10:30 am
October 16 and December 18

Monthly Grief Series
Attend these monthly sessions that address different aspects of grief and loss and ways to cope with them.

Tuesdays | 2 pm
October 15: “When Tears Don’t Come: Coping with Anger and Grief”
November 19: “How to Tackle the Upcoming Holidays When Grieving”
December 10: “Unfinished Business: How to Cope with Guilt and Grief”

Intro to Self Defense
Attend this session to learn basic safety tips to use when in public or at home. This event will be facilitated by West Virginia State Police.

Tuesday | 6 pm October 15

Cooking for One
Join this session to learn about planning and preparing meals for one which can be a challenge for those grieving. Easy fall and winter recipes will be prepared and enjoyed. Thursday, November 14 at 6 pm

Remembering During the Holidays
Attend our gathering that will offer ways to cope with loss and grief during the upcoming holiday season with an opportunity to create a holiday keepsake in memory of your loved one. An informal remembrance service will be held at the end. Light refreshments will be served.

Saturday, November 16 from 1:30 pm to 3:30 pm
*Remembrance Service will be at 3:15 pm

Meeting will be held in the Community Room at the Huntington Mall in Barboursville

Our Bereavement Department is available to come to your agency or organization and present on any of the listed topics as well as others such as sudden and unexpected loss including suicide and homicide, dating after the death of a partner, coping with the loss of a pet, coping with the death of a spouse, coping with the death of a child, coping with the death of a parent and more. We are also available to facilitate our four week grief class entitled, “The Grief Journey” for those facilities who have bereaved individuals that could benefit from an educational support group experience.

For more information or to register for an event:
Jaimie Armentrout, Bereavement Coordinator at 304.529.4217 or 1.800.788.5480 or by email at jarmentrout@hospiceofhuntington.org
Hospice of Huntington invites you to attend our fourth annual Family Retreat which offers families an opportunity to learn about ways to support themselves and each other during their grief journey. This retreat supplements Camp Good Grief, our annual bereavement camp for children ages 8 to 16. Families have been so grateful for Camp Good Grief in helping their children cope with their losses that we thought it would be beneficial to offer something for the entire family to participate in together. Participants become more aware of what family members are experiencing, improve communication, and learn new skills to support each other as they cope with the loss of a loved one. Families bond in new ways as they share their grief and have fun together with group activities.

Stay tuned for upcoming information on Camp Good Grief 2014….our 20th year providing a camp experience for youth who have lost a loved one. For more information about attending the camp or volunteering for this special event, visit our website www.hospiceofhuntington.org or call 304.529.4217 or 1.800.788.5480.
Honoring Our Past and Securing Our Future

For Hospice of Huntington’s 30th Anniversary, November of 2012, we announced the establishment of the Hospice of Huntington Endowment Trust. For those not familiar with endowments and how they work, think of an endowment as a savings account which can never be touched. Only the fund’s annual interest or in some cases, only a portion of the annual interest, can be used to fund our programs. That permanent savings account can ease the financial burden during tough times and help us flourish during more prosperous times. The Hospice of Huntington Endowment Trust is a perpetual source of funding which voices to our community our plans to be around for future generations.

Recently our Trustees for the Endowment invited professionals throughout the community to a reception at the Huntington Wealth Advisors office. Trustee Floyd Harlow said, “The purpose of the reception was to let financial advisors and attorneys in the Tri-State area know there is another option for charitable giving which they could discuss with their clients in their planning process. The newly created endowment trust is a nice vehicle to allow someone to make a ‘never ending’ gift to support the Hospice mission.”

The Hospice of Huntington Endowment Trust creates a lasting legacy that Honors our Past and Secures our Future and will impact our community for generations to come.

For more information on giving to the Hospice of Huntington Endowment Trust contact Karen Dickson Director of Planned Giving and Major Gifts at kdickson@hospiceofhuntington.org or 304.633.2169.

Pictured above: Tim Carpenter, David Lunsford, Marc A. Sprouse and Audy M. Perry, Jr.
The 11th annual “Heating Up the Greens” golf scramble was held at Guyan Golf & Country Club on August 19th. The weather was perfect, the golfers had fun and Hospice of Huntington benefited with over $26,000 to help care for the many patients under hospice care.

The golfers were treated to a hot dog lunch grilled by Emogene Dolin Jones Hospice House chef Jason Platt and a delicious fried chicken dinner that included apple pie and ice cream from Chef Josie Wallace at Guyan. The scramble had a shotgun start with inspiring words from Coach Bobby Pruett who spoke on behalf of presenting sponsor Chapman Printing.

Hospice of Huntington wants to thank all those that made this event such a success. Congratulations go to first place winners, the BrickStreet Mutual Insurance team, second place winner Hall Funeral Home from Proctorville Ohio and third place winner the team from Lincoln Primary Care Center. Special contest winners were Patrick Farrell and Peggy Trocin closest to the pin, and Josh Littlehales and Sharon Chandler for longest drive. Greg Hanna was the putting champion. Others enjoyed winning themed baskets donated by the Friends of Hospice.

**Team Standings**

**First Place:**
BrickStreet Mutual Insurance, Co.

**Second Place:**
Hall Funeral Home

**Third Place:**
Lincoln Primary Care Center

**Individual Contests:**
Putting Contest: Greg Hanna
Closest to the Pin #6: Patrick Farrell
Closest to the Pin #15: Peggy Trocin
Longest Drive #5: Sharon Chandler
Longest Drive #18: Josh Littlehales

**Save the Date:**
August 18, 2014
**Special Thanks**

**2013 Planning Committee:**
Tom Braley, John Brooks, Janet Fisher, Todd Fry, Nate Henderson and Becky Zimmerman

**Friends of Hospice, Tournament Volunteers and Tee Sign Sponsors:**
Advanced Technical Solutions
Archer’s Flowers
Barboursville Physical Therapy
Cyrus & Adkins, Attorneys at Law
Data Consulting Services
David and Sharon Denning
Glenn’s Sporting Goods
Lawrence County Chamber of Commerce
Liberty Federal Savings Bank
Ohio University Southern Proctorville Center
Pryce Haynes Associates
Scott Orthopedics/Stanley Tao
Slack & Wallace Funeral Home
Tom Wilkinson, DDS
Memorial Tee Signs:
Clara Belle and Carlton Denning
Bill Hamady, Sr.
Robby Moss

---

**Teams**
- B&A Golf
- Baker Petrolite
- Barboursville Class of ’66
- BB&T Bank
- BrickStreet Mutual Insurance
- Bulldog Creative Services
- Cabell Huntington Hospital
- Capital Edge Consulting
- Chapman Printing Company
- C.I. Thornburg Company
- City National Bank
- Dixon Electrical Systems
- Dot Hicks
- Farrell Family
- First Sentry Bank
- Hall Funeral Home
- Huntington Bank
- Lincoln Primary Care Center
- Moses Automall/Moses Honda & VW
- Pritchard Electric Company
- River Park Hospital
- Somerville & Company CPAs, PLLC
- State Electric Supply
- Steel of West Virginia
- Tri-State Building and Construction Trades Council
- White Way Laundry and Dry Cleaning
- WSAZ TV 3

**Sponsors**

**Presenter:**
Chapman Printing Company

**Golf Carts:**
First Sentry Bank

**Hole-in-One Contest:**
Moses Automall

**Golfer Lunch:**
American Electric Power and Bulldog Creative Services

**Awards Dinner:**
Pritchard Electric Company and State Electric Supply

**Golf Balls:**
Dixon Electrical Systems

**Practice Range:**
Raymond James

**Gift Certificates:**

**Trophies:**
Contempo Trophy

**Beverages:**
Pepsi Bottling Group and Atomic Distributing
The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others.

– DeAnn Hollis

Fall Volunteer Orientations
Monday, October 7 | 5:30 - 8:30 pm OR
Monday, November 4 | 5:30 - 8:30 pm

Share your talents.
Make a difference.
Become a Hospice of Huntington Volunteer.

Director of Volunteer Services, Martha Persinger, and Volunteer Coordinator, Julie Huron, had another successful volunteer training program in May. Ten volunteers successfully completed the fourteen hour training program. Volunteers were able to choose a path of service depending on their interests. Some chose patient care while others chose office or gift shop assignments.

Volunteer Orientation is required for all patient care, office, and gift shop volunteers.

Office and gift shop volunteers must complete the orientation before placement. Patient care, clergy, and pet handlers are required to complete both the orientation and a comprehensive training course.

REGISTER TODAY! For more information contact Volunteer Services at 304.529.4217.
Musculoskeletal care for the chronic pain patient or caregiver

Dr. Thomas A. Long
Thursday, November 14
6 - 7:30 pm

Topic: Managing chronic pain
Speaker: Dr. Thomas A. Long

To register, contact:
Brittany Asbury, Executive Assistant
Provider Relations Department
304.529.4217 or basbury@hospiceofhuntington.org
I am Jason Platt, a proud veteran and the chef at the Emogene Dolin Jones Hospice House. I joined the Navy right out of high school. My first assignment was during Desert Storm on the USS Sand Lance, a fast attack submarine where I served in the galley helping to prepare food for 100 sailors.

This was natural for me because I learned to cook by my grandma’s side. My earliest memories are of standing on a footstool “helping” grandma stir and knead whatever she was making. I recall her dumping flour into my small hands and rolling dough with a tin can while she used the rolling pin. I realize now I really made a big mess! But her patience paid off; cooking is my career.

Here are two dessert recipes, one from the Navy and the other from my grandma.

**JASON’S KITCHEN**

**PUMPKIN CHEESECAKE**

**CRUST**
- 1 1/4 cups graham-cracker crumbs
- 1/4 cup sugar
- 4 tablespoons unsalted butter, melted

**FILLING**
- 4 packages (8 ounces each) bar cream cheese, very soft
- 1 1/4 cups sugar
- 3 tablespoons all-purpose flour
- 1 cup canned pumpkin puree
- 2 tablespoons pumpkin pie spice
- 1 tablespoon vanilla extract
- 1/2 teaspoon salt
- 4 large eggs, room temperature

Preheat oven to 350 degrees with rack in center. Assemble a 9-inch nonstick springform pan with the raised side of the bottom part facing up. **Crust:** in a medium bowl, mix cracker crumbs, sugar, and butter until moistened; press firmly into bottom of pan. Bake until golden around edges, 10 to 12 minutes. **Filling:** With an electric mixer, beat cream cheese and sugar on low speed until smooth; mix in flour. Add pumpkin puree, pie spice, vanilla, and salt; mix just until smooth. Add eggs one at a time, mixing until each is incorporated before adding the next. Place springform pan on a rimmed baking sheet. Pour filling into springform, and gently smooth top. Transfer to oven; reduce oven heat to 300 degrees. Bake 45 minutes. Turn off oven; let cheesecake stay in oven 2 hours more (without opening). Remove from oven; cool completely. Cover with plastic wrap; refrigerate until firm, at least 4 hours. Unmold before serving.

**GRANDMA’S APPLE PIE**

**DOUBLE PIE CRUST**
- 2 1/2 cups flour
- 2 sticks of unsalted butter
- 1/2 teaspoon of salt
- 1/2 cup water
- 1 egg yolk

**FILLING**
- 6 to 8 freshly picked firm and slightly tart apples, such as Granny Smiths (about 3 pounds)
- 1/2 cup granulated sugar
- 3 tablespoons ground cinnamon (to your taste)
- 3 tablespoons sifted all-purpose flour
- 3 tablespoons butter, cut in small bits
Preheat the oven to 375 degrees. **Crust:** Add flour, softened butter and salt to a food processor. Pulse the mixture until it forms a soft ball. Add in water slowly and turn the processor on for a few seconds. You may need more or less water, so start with a little and check the consistency. Add more if necessary to form a ball. Remove dough from the processor and form into a ball. If it is too soft, put it in the refrigerator for 15 minutes. Divide dough into two balls. Dust a rolling pin with flour and roll one ball of dough out on floured surface until the dough is large enough to cover your pie plate, lay dough in pie plate. **Filling:** Peel and core the apples and slice them about 1/4 inch thick. Toss apples with flour, sugar and cinnamon to taste. Fill the pie with the apple slices, mounding them somewhat in the center. Dot with butter. Cover loosely with the top crust, using a little water to seal the crusts together. Crimp the edges. Using a fork or the tip of a knife, make several vents in the top crust. Whisk one egg yolk in a bowl and lightly brush egg yolk on the top of the pie crust before placing in oven. Bake for 1 hour or until golden brown. The smell will tell you when it is ready. Serve while still warm.

---

**Chesapeake Bay Crab Cakes**

- 1 pound cooked crab, de-shelled (can use a combination of lump crab and back fin crab meat, check for shell pieces)
- 2 tablespoons chopped onion
- 2 tablespoons butter, melted
- 1 egg beaten
- 1/2 teaspoon powdered mustard
- 1/2 teaspoon salt
- Dash of pepper
- 2 slices of bread soaked in milk (use only bread discard excess milk)
- 1 teaspoon Old Bay Seasoning
- 1 tablespoon Worcestershire sauce
- 1 tablespoon chopped parsley
- 1 tablespoon mayonnaise
- 1/2 cup dried bread crumbs

Cook onion in butter until tender. Combine all ingredients except the crab and bread crumbs. If using
canned crab meat, drain liquid. Carefully fold in the crab meat. Shape into 6 cakes. Roll cakes in bread crumbs to hold the cakes together. Place carefully in frying pan with 1/8 inch of hot oil. Fry on medium heat about 5 to 8 minutes on each side. Do not turn until brown on the bottom side of the crab cake.

Tip: If frying in several batches be sure that bread crumbs that drop off the crab cake do not burn and stick to other batches you are frying.

**HUSH PUPPIES**
- 1 cup self-rising cornmeal
- 1 cup self-rising flour
- 1 egg
- 1 1/3 cup buttermilk

Heat canola oil in a deep fryer or dutch oven to 375 degrees. Use enough oil so that the hush puppies will float in the oil. Mix all ingredients just until they are blended (do not overmix). Let batter sit for 10 minutes to rise slightly. Scoop batter with #60 disher or use spoons to drop tablespoon balls in oil. Fry in 375 degrees oil for 5-7 minutes until golden brown. Turn with a spoon while they are frying to make sure they are brown on all sides. Makes light and delicious hush puppies.

**HONEY BUTTER**
- 1 cup unsalted butter
- 1/4 cup honey
- Mix well with mixer. Serve.

**COCKTAIL SAUCE**
- 1 cup of ketchup
- 4 tablespoons prepared horseradish
- 1/2 lemon, juiced

Combine ingredients and refrigerate. May be done in advance and improves after some time in the refrigerator to meld the flavors.
VA Homeless Veterans Resource Center Salute to Veteran’s Week
Veteran Ed Peckham joined other Hospice of Huntington staff in saluting veterans week at the VA Homeless Resource Center on February 13, 2013. The resource center is a place veterans can shower, get a good meal and pick up some food supplies. Hospice of Huntington staff regularly collect canned goods for the center.

Here Comes Peter Cottontail
Bryan Gilpin, provider relations liaison, brought the Easter bunny and a host of Eastern Lawrence County Advisory Board members to the Lawrence County Fairgrounds on March 30th to help prepare balloons for the hundreds of children participating in the Easter Egg Hunt. Representatives distributed information about Camp Good Grief. We send a big thank you to board member Eddie Marshall for supplying the balloons for the event and volunteers Juli and Sawyer Stephens and Rebecca and Jim Smith.

Clergy Lunch and Learn Series
On the last Thursday of every month, Hospice of Huntington hosts a Lunch and Learn series for area clergy. The group explores various topics about ministering to people dealing with a terminal illness. We hold the series at the main Hospice of Huntington office at 1101 Sixth Avenue, Huntington, West Virginia. To register for future sessions call Brittany Asbury at 304.529.4217 or 1.800.788.5480.

Friends of Hospice
The Friends of Hospice hosted a meeting at Huntington’s Kitchen to welcome new members to the group. The Friends recruited members to help with their projects including staffing and helping with the Hospice of Huntington Gift Shop. Stay tuned as they work on a change in the name of the gift shop and a face lift for the space located at 1101 Sixth Avenue.

National Health Care Decisions Day
Hospice of Huntington employees blanketed our service area during April with opportunities to learn more about advance directives and how to prepare a medical power of attorney. For those who missed those events you can download advance directives from the West Virginia Center for End of Life Care at www.wvendoflife.org.
Shoppers Love the Wayne Rummage Sales
Pat Perry and Jean Artis, members of the Wayne Advisory Board, have made the rummage sales that bookend summer a tradition in Wayne County. Advisory Board members held rummage sales the first three days of May and August raising several thousand dollars to support care in Wayne County.

Wayne County Fair
Camden Park, the place for non-stop fun, was the location of the Wayne County Fair August 6th through the 9th. Volunteers helped provide information to folks about Hospice of Huntington services in Wayne County while they socialized with friends and neighbors throughout fair days. Fair organizer and Wayne Advisory Board member, Bruce Finley stated that he was glad Hospice of Huntington could join the many vendors providing information to fair goers.

July 4th Celebration in Lincoln County
The Fourth of July parade in Lincoln County has a long and proud tradition. Ed Peckham, Melissa Cooper and boy scouts Tyler Triplett, Anthony Adkins, MacKenzie Vaughn and Michael Tritsworth joined the festivities and provided balloons to the crowd gathering along Walnut Street in front of the Hospice of Huntington Lincoln County office. Later Ed and advisory board member Everett Dean (aka Uncle Sam) visited veterans at the Lincoln Nursing and Rehabilitation Center and provided them with flag pins to honor their service.

July 13th First Anniversary of the CAO and St. Mary’s Medical Center health care complex in Ironton
Provider Relations Liaison Bryan Gilpin joined St. Mary’s Medical Center and health care providers at the CAO health care complex in Ironton in celebrating their one-year anniversary. Hospice of Huntington in Ohio has beautiful office space in the complex to better serve hospice patients in Lawrence County.

Sidewalk sale and prayer shawl demo held on July 13th
Those who shopped during our summer Sidewalk Sale not only got bargains but added treats. The Gift Shop sponsored a dip-tasting party featuring items available in the shop. Also, nearly two dozen knitters from our volunteer Prayer Shawl groups enjoyed fellowship as well as guidance from Jean Ramsey, volunteer ambassador and Brenda Williams, volunteer.

Memorial Day Wreath Ceremony
The 65th Annual Memorial Day ceremony at the Memorial Arch in Huntington took place Monday, May 27, 2013. Ed Peckham, chair of the Hospice of Huntington Veterans Committee, presented a wreath of remembrance at the Memorial Arch to honor those veterans we have served throughout the year.
Reid Blank Memorial Ride Benefits the Emogene Dolin Jones Hospice House
Representatives from the Reid Blank Memorial ride presented Hospice of Huntington with a donation of $5,000 to support Project Noah’s Ark.

Lincoln Primary Care Health Fair
The annual health fair at Lincoln Primary Care Center on August 23rd is always a fun way to visit with friends and neighbors and to get information on services available locally.

Piecemakers
Sandra Clements presented Hospice of Huntington with 20 quilts handmade by 20 of the Piecemakers from St. Peter Clavier Church. The group spent 400 hours crafting these beautiful quilts that were given to hospice patients.

Special Metals Donation
Special Metals and Steelworkers Union Local 40 donated $35,000 to Hospice of Huntington. David Bias, accounting manager for Special Metals, was joined by officers of the USWA Local 40 Greg Kingery, Chad Thompson, and Kevin Goodall to present the check to Charlene Farrell, President and CEO of Hospice of Huntington. David Bias shared his good experiences with hospice services and said they were very pleased to help Hospice of Huntington with this donation.

If you have an event or activity in your community that we can become involved in, contact our Community Outreach Department at 304.529.4217.

upcoming event

The Annual Wayne Spaghetti Dinner
Wayne High School is the place to be October 19 from 11 am - 4 pm when the Wayne Advisory Board hosts its annual spaghetti dinner. A cruise-in with special cars and special music are a bonus for folks wanting a plate of spaghetti and a chance to support the work of hospice in Wayne County. Tickets can be purchased at the door. Adults - $5 | Children under 6 - $2.50
<table>
<thead>
<tr>
<th>Honor Member</th>
<th>1 Million+</th>
</tr>
</thead>
<tbody>
<tr>
<td>William C. Dolin</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Grace Members</th>
<th>$250,000-$499,999</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anonymous Donor</td>
<td></td>
</tr>
<tr>
<td>Anonymous Donor</td>
<td></td>
</tr>
<tr>
<td>Garland C. Frasher Estate</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Devotion Members</th>
<th>$100,000-$249,999</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cabell County Excess Senior Levy Fund</td>
<td></td>
</tr>
<tr>
<td>Cabell Huntington Hospital</td>
<td></td>
</tr>
<tr>
<td>Lydia Anne Carver Estate</td>
<td></td>
</tr>
<tr>
<td>Laura G. Darby</td>
<td></td>
</tr>
<tr>
<td>The Darby Family Foundation</td>
<td></td>
</tr>
<tr>
<td>Jeffrey Morrison</td>
<td></td>
</tr>
<tr>
<td>St. Mary's Medical Center</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Inspiration Members</th>
<th>$50,000-$99,999</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advantage Toyota</td>
<td></td>
</tr>
<tr>
<td>Anonymous Donor</td>
<td></td>
</tr>
<tr>
<td>Margaret K. &amp; Frank L. Adkins</td>
<td></td>
</tr>
<tr>
<td>The Earlene Heiner Agee &amp; Robert W. Agee Fund of the Foundation for the Tri State Community, Inc.</td>
<td></td>
</tr>
<tr>
<td>Orpha Beckett Estate</td>
<td></td>
</tr>
<tr>
<td>Claude Worthington Benedum Foundation</td>
<td></td>
</tr>
<tr>
<td>Charles Clay Estate</td>
<td></td>
</tr>
<tr>
<td>Linda &amp; William B. Craig</td>
<td></td>
</tr>
<tr>
<td>Charlene &amp; Paul Farrell</td>
<td></td>
</tr>
<tr>
<td>Ouraine G. Forbes</td>
<td></td>
</tr>
<tr>
<td>Mary Catherine &amp; Stephen G. Fox</td>
<td></td>
</tr>
<tr>
<td>Nancy Francis</td>
<td></td>
</tr>
<tr>
<td>Verna &amp; Jim Gibson, Sally &amp; Bill Gibson</td>
<td></td>
</tr>
<tr>
<td>Mary Elizabeth &amp; Lewis Glick</td>
<td></td>
</tr>
<tr>
<td>Marcia &amp; Steve Hatten</td>
<td></td>
</tr>
<tr>
<td>Linda &amp; Fred Haughey</td>
<td></td>
</tr>
<tr>
<td>Nancy &amp; Earl Heiner, Jr.</td>
<td></td>
</tr>
<tr>
<td>Charles D. Henson</td>
<td></td>
</tr>
<tr>
<td>Huntington Clinical Foundation</td>
<td></td>
</tr>
<tr>
<td>The Huntington Foundation, Inc.</td>
<td></td>
</tr>
<tr>
<td>Fern &amp; Bartow Ned Jones</td>
<td></td>
</tr>
<tr>
<td>Florine Keesee</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Caring Members</th>
<th>$25,000-$49,999</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st and 10 Foundation</td>
<td></td>
</tr>
<tr>
<td>Jean Ann &amp; David M. Adkins</td>
<td></td>
</tr>
<tr>
<td>BB&amp;T WV Foundation</td>
<td></td>
</tr>
<tr>
<td>Janet E. Bromley</td>
<td></td>
</tr>
<tr>
<td>G. David and Martha Brumfield</td>
<td></td>
</tr>
<tr>
<td>Nell Brumfield</td>
<td></td>
</tr>
<tr>
<td>Joseph Cooke</td>
<td></td>
</tr>
<tr>
<td>The Earle S. Dillard Family</td>
<td></td>
</tr>
<tr>
<td>Sally &amp; Sam Duncan</td>
<td></td>
</tr>
<tr>
<td>Suzanne &amp; William Ellis</td>
<td></td>
</tr>
<tr>
<td>Joan C. Edwards Equity Trust</td>
<td></td>
</tr>
<tr>
<td>Michael J. Farrell</td>
<td></td>
</tr>
<tr>
<td>First Sentry Bank</td>
<td></td>
</tr>
<tr>
<td>Bob Fouch</td>
<td></td>
</tr>
<tr>
<td>Larry D. Fouch</td>
<td></td>
</tr>
<tr>
<td>Laurie &amp; David Fox III</td>
<td></td>
</tr>
<tr>
<td>Guyan International</td>
<td></td>
</tr>
<tr>
<td>The Hamer Foundation</td>
<td></td>
</tr>
<tr>
<td>William Douglas Hamilton Estate</td>
<td></td>
</tr>
<tr>
<td>The Mary H. &amp; J. Churchill Hodges Fund of the Foundation for the Tri-State Community, Inc.</td>
<td></td>
</tr>
<tr>
<td>Huntington Federal Savings Bank</td>
<td></td>
</tr>
<tr>
<td>Kreps and Zachwieja Architects/Consultants, Inc.</td>
<td></td>
</tr>
<tr>
<td>McDonalds of Huntington</td>
<td></td>
</tr>
<tr>
<td>Adelle Morrison</td>
<td></td>
</tr>
<tr>
<td>Mary Moser Estate</td>
<td></td>
</tr>
<tr>
<td>Sally B. Oxley</td>
<td></td>
</tr>
<tr>
<td>Jane &amp; Jack Rardin</td>
<td></td>
</tr>
<tr>
<td>Rubberlite, Inc.</td>
<td></td>
</tr>
<tr>
<td>Robert W. Simmons</td>
<td></td>
</tr>
<tr>
<td>Special Metals Corp, USWA Local 40</td>
<td></td>
</tr>
<tr>
<td>Mellanie B. &amp; Thomas R. Wilmink II</td>
<td></td>
</tr>
</tbody>
</table>
MEMORIALS
300 Block of 10th Avenue
Neighbors
Steven & Marilyn Abbe
Toma Adams
Bob Adkins
Chelcie Adkins
Emmett & Jenna Adkins
Gladys & Richard Adkins
Glenia Adkins
Polly Adkins
Rodney & Karen Adkins
Advantage Toyota
Mrs. William Agee
Thelma Agee
Bob & Ann Akers
Judy & Gary Akers
Susan Akers
Larry & Freda Albright
Alliance Consulting, Inc.
Chloe Aluise
American Foundation for
the Blind
Judy & Bob Bailey
Martha Bainer
James & Mary Baisden
Charles Baker
Donald & Karen Baker
Loretta Baker
Sally Baker
Bald Knob United
Brethren Church
Thomas Baldwin
Alyce Ball
Larry & Sara Bane
Barboursville Public Works
Department
Roger & Jean Barney
Jo Ann Barrett
Molly Bassett
Bayer USMA Oncology
Donald Bays
Mary Bays
Travis Bearman
Robert Belcher
Kathleen Bennis
Fred & Barbara Beougher
Teresa Beter
Beulah Ann Baptist Church
Beverly Hills United Methodist
Church
Linda Biciocchi
Joshua & Lindsey Bills
Bob & Beverly Billups
Brent & Terri Billups
Dale & Mary Black
Susan Blackwell
Tom & Mary Blackwell
Ben Blair
Shirley & Fannie Blake
Benjamin & Sara Bledsoe
Gary & Sheila Boggs
Ted & Kathryn Bone
Mike & Karen Booten
Joann Booth
Joseph & Nancy Bostar
Paula Bowen
Kent & Catherine Boyd
Denise & Kevin Brady
Holly Branhman
Susan Brauning
Lansing & Joan Brisbin
Charles & Sandra Brown
William H. Brown, Jr. DDS, Inc.
Dorothy Brownfield
Alice Browning
Arhetta Browning
John & Vickie Brubaker
Charley Brumfield
Dennis & Donna Brumfield
Larry & Brenda Brumfield
Nell Brumfield
Pamela Bryan
Robert & Garnet Bryant
Buckeye Transport Express
William Buckner
Charles & Vicki Buell
Craig & Amanda Buell
Buffalo Valley Missionary
Baptist Church
Elizabeth Buffington
Gregory & Brenda Bunn
Rebecca Bunn
Kimberley Burcham
Gary & Monica Burgi
Dr. Edward & Nancy Burkhardt
Roger & Monika Burr
Susan Burtch
Garnet Byrne
Cabell Huntington Hospital
Dolores Cain
James Cain
Gwendolyn Caldwell
Sarah Carey
JoAnn & Mike Carpenter
David & Bobbie Carroll
Neleea Carroll
Bob & Laura Jo Carte
Gary Carter
Linda Carter
Mary Carter
Virginia Carver
Betty Caskey
Louise Catlin
Opal Cecil
Cenergy, LLC
Diane Chadwick
Peggy Chadwick
Edgar & Brenda Chapman
Elizabeth Chapman
J. Chapman
Judy Chapman
Maida Chapman
Virginia Chapman
David Chenoweth
Barbara Christian
Erma Christian
CK Autumnfest, Inc.
Marilyn Clagg
Hans & Gina Click
Tammatha Clodfelter
Mary Clutter
Kevin & Tamara Cogar
Marilyn & David Cohen
Community of Grace United Methodist Church
George Conard
Linda Conard
Con-Jel Sales
Ann Cooper
Russell & Gwen Craddock
Mr. & Mrs. Dan Cremeans
Gordon & Patricia Crosby
Carol Crossan
James & Loretta Crum
Mindy Curtis
Dorothy Cutchin
Mary Damron
Ruth Daniel
Pat & David Daugherty
Richard Daunt
Lesley Davies
Henry Davis
Mr. & Mrs. H. R. Davis
James & Donna Day
Anita DeHart
Bill & Sarah Denman
Ann Dennison
Kathryn Dewitt
Mitch & Angel Dials
Wayne Dicken
Dorene Dickerson
Dean & Karen Dickson
Elizabeth Dillon
Dale Dorsey
Donna Dorsey
James & Constance Dorsey
Steven & Nancy Dorsey
Anne Dragovich
Richard & Ilza Drown
John & Susan Duerberger
Thomas Dukas
Kristin Dygert
Daniel Earl
Jimmy & Barbara Edmonds
Dwight, Tammy, & Johnathan Edwards
David Elkins
Cecil Eller, Jo Moses & Melissa Spurlock
Pamela Eller
Elisabeth Ellerbrock
Larry & Senda Ellis
Elmwood Baptist Church
Mr. & Mrs. Phillip Emmons
Mary & Larry Endsley
Ensee Homemakers Group
Phil Evans
Stella Evans
Dr. & Mrs. Douglas Ey
FBC Girlz
Elanor Fenney
Margaret & David Fenney
Ferguson Monuments
Fred Ferguson
Wanda Ferguson
Jack & Mary Ferman
Fifth Avenue Baptist Church
Kathy Fisher
Ben & Jo Ann Fister
Bonnie Fitzpatrick
Sharon Fizer
Florida Street Baptist Church
Hazel Flynn
Betty Foard
FOPA #4
Katherine Forbes
Monty Fowler
David & Laura Fox
Lara & Kevin Franks
Linda Friar
Alice Fulks
D. Everett Fullerton
Melinda & Marc Gagne
Helen Galligan
Ron & Patty Gatewood
Susan Gatewood
Paddy Gay
Elizabeth Gee
GEICO
Joanne & Ed Gelin
Gethsemane United Baptist Church
Michael & Peggy Gibson
R. Gifford
Melissa Gill
Nancy Gill
Patricia Gillen
Robert & Dora Gilliam
David & June Gilliland
Jeri Gipson
Glxo Smith Kline Engineering
Department
Janice Gold
Judith & Richard Goodstein
Marlene Gray
Larry & Brenda Griffith
Michael & Donna Griffith
Cynthia Groves
Sylvia Groves
Chuck & Pam Gruber
Guyan Golf & Country Club
Don Hagley
Orman & Cheryl Hall
John Hamer
Bactyl Haner
Glenn & Sherry Harden
Greg & Terry Deppner Hardin
Mary & Robert Hardin
John & Sue Hardy
Brenda Harlow
Linda Harris
David & Rita Harsh
Mary Harshbarger
Helen Hart
Maria & Tyler Haslam
Walter & Susan Hayslett
William & Debbie Heaberlin
Marjorie Head
Nancy & Earl Heiner
Harvey Helm
Sharon & Dewey Henize
Hannah & Dick Hensley
James Hensley
Stella Henson
Mary Hess
Hess, Stewart, & Campbell, PLLC
Charles Hibbard
Melvin Hicks
Highlawn Church of Christ
Highlawn Presbyterian Church
Susan & Jack Hisey
Mr. & Mrs. Paul Hockenberry
Greg & Holly Hodge
Virginia Hodge
Linda Hodges
Mrs. J. Churchill Hodges
Rita Hodges
Tim & M.K. Hollandsworth
Lynda Holup
Kathy Hosaflock
Jean Hosier
Linda Houck
Alice Huie
David & Chris Howison
Judith Huddy
Herbert & Joann Hughes
Donald & Ruth Hunter
Huntington Banks Talent
Acquisition Team
Huntington High School Reunion
Huntington Plating, Inc.
Huntington Tri-State Chapter BHS
Joan Hurst
Michael & Kathy Hutchison
International Brotherhood of Electrical Workers, Local Union #317
JABO Supply
Lloyd Jackson
Terry Jarvis
Jenkins Fenstermaker, PLLC
Rusty & Mary Jeter
Garland & Alma Jewell
Phyliss Jimison
Charles & Judy Joebe
Johnson Printing Company
Deloris Johnson
Josephine Johnson
Joyce Johnson
Patricia Johnson
Theodosia Johnson
Karen Johnston
Jamie Jones
Nathan Jones
Patrick Jones
Leigh Jordan
Andrea & Roger Justice
Homer Justice
Jim & Mary Justice
T. Carroll & Patricia Justice
Mr. & Mrs. Jeff Kaplan
Pauline Kaplan
Amy Katz
Melba Keaton
Joyce Keith
Phyliss Keith
Eugene & Irene Kelley
Sandy King
Christie Kinsey
Mr. & Mrs. Kevin Kitchen
Kiwanis Club of East Huntington
Laura Kline
Ed & Joan Knight
Rich Knight
Mary Koehl
William & Dana Kosto
Jenni Kovich
Maxine Krenzel
Thomas Krise
Margaret Kruthoffer
Patti Kunde
Laboratory Corp of America
Myra & Eric Labus
LaFace & McGovern Associates, Inc.
Melissa & Patrick Lane
Michael Lawhorn
Janice & Chuck Layne
Mary Elizabeth Leaberry
Patty Lee
Barbara Leitner
Robert & Mary Lee Leslie
Robert & Joyce Levy
Dewey & Sharon Lewis
James Lewis
Marguerite Lewis
Sarah Lewis
Arla Leyh
Jack & Mary Ann Lipps
Andrea Thabit  
The Flint Group  
Peggy Thirion  
Charles & Cyndi Thompson  
Hattie Thompson  
Jeanie Thompson  
Gail Thornburg  
Albins Tillers  
Touch of Class  
Toyota of WV  
Eva Trayler  
Mr. & Mrs R. E. Trocin  
Karen & Walter Troxler  
Ted & Karon Turley  
Kathleen Turner  
Lora Turner  
Donna Underwood  
Union Missionary Baptist Church  
University of Kentucky  
V.F.W. Post 9622  
Joy Vanover  
Bill & Marcia Varney  
Raymond Varney  
Robert Vass  
John & Karen Veazey  
VFW Milton Post 9796  
Edwin Vinson  
Bill & Loretta Wain  
Bradley Walker  
Carolyn Walker  
Peter Walker  
Mary Watts  
Helen Webb  
Don & Sue Welch  
Rheda Wells  
Samuel & Sara West  
Lisa Westfall  
Rick & Lynne Weston  
Catherine & John White  
Mike & Donna Whitley  
Janice Whitt  
Sydney Wilding  
Nancy & Jim Wilkes  
Steve & Marie Wilkes  
Joe & Faye Williams  
John & Maura Williams  
Joseph & Shirley Williams  
Helen Williamson  
Peggy & Tom Wilmink  
C. E. & Kim Wilson  
Hack Wilson  
Marcia Wilson  
Rodney & Martha Wilson  
Juanita Wise  
Dr. Ken & Peg Wolfe  
Linda Wolfe  
Judith & Ed Woodruff  
Gerald & Kim Woodrum  
David & Martha Woodward  
Phillip Word  
Gladys Workman  
Joanne Yingling  
Charles & Betty Young  
Ypsilanti Regular Baptist Church  
Mary Zalaskus  

DONATIONS  
Bonnie Adams  
Advantage Toyota  
Mr. & Mrs. Robert Agee  
Jerry Bailey  
Beulah Baisden  
Barboursville Lion’s Club, Inc.  
Barry Beckett  
Beulah Ann Baptist Church  
Blanton Family Chiropractic  
Rhonna Blatt  
Boy Scouts of America  
Troop 170  
Linda Brady  
Jonathan Broh  
Maria Bronsky  
Ellen Carpenter  
Gary Carter  
Jane Clark  
Halsey Cory  
Belinda Cox  
CSX Corporate Citizenship  
Charles Cupp  
James Curnutte  
Willis & Bertina Damron  
Jennifer Davidson  
Ann Dennison  
Fred & Delores Donohoe  
Nancy Easter  
Eastern University  
Jean Eglinton  
Sharon Fizer  
Monty Fowler  
Donna Godsey  
Greek Orthodox Ladies St. George Philothonos  
David & Chris Howison  
Huntington Realty Corp.  
Wilburn & Maxine Hurst  
Rusty & Mary Jeter  
Roger & Elizabeth Kimber  
Richard Kopp  
John Larson  
Lavallette Woman’s Club  
Wayne Legg  
Ginger Lewis  
Andrew & Dianna Lino  
Jack & Mary Ann Lipps  
Chester Madden  
Marathon Petroleum Gift  
Matching Program  
Eva McComas  
Joseph McDonie  
Harry & Virginia McKeown  
Judith Melton  
Fred & Vicky Murdoch  
New Baptist Church  
Dr. Richard & Sally Oakes  
Open Door Baptist Church  
Gaynelle Perdue  
James & Teresa Pickett  
Dr. Roberta Rice  
Mr. & Mrs. Arthur Rice  
James Rife  
Jack & Ann Riggs  
Charles Robinson  
Brandi Roisman  
David & Rita Russell  
Salem United Baptist Church  
Dr. Mary Jo Scalzo  
Nicole Sheets  
Mark & Janet Sheridan  
Geraldine Simpson  
Marvin & Carole Slomke  
Kathi Stafford  
Douglas & Diana Styles  
Sunshine Freewill Baptist Church  
Dawn Surya  
Patricia Thacker  
Beth Thomas  
Gail Thornburg  
Alice Trippett  
Robert Vass  
Ann Walker  
Ron & Gerri Walker  
Wesleyan Class of the Kenova United Methodist Church  
Terry White  
Stephen Willis  
Roger & Norma Wooten  
Norman Worley  
C. E. Yeager  
Dr. Janice Yusk  

EMOGENE DOLIN JONES HOSPICE HOUSE MEMORIALS  
#317 Members of Steel of WV  
26th Street Church of Christ  
5th Floor Riverview Manor  
Residents  
Anne Adkins  
Richard & Gladys Adkins  
Carolyn Alford  
John & Patty Anderson  
Tess & Jay Arrington  
Wilda Turner Baldwin & Family  
Steven & Julie Bartram  
William & Lynn Bauer  
Larry, Linda, & Lee Blas  
Gary & Carmel Blandford  
Henry & Sharon Blume  
Ed, Jan, Tiffany, & Jacob Bowen  
Dianne Brown  
Dorothy Brownfield  
Brenda Bunn  
Harold & Lakie Bunn  
Rebecca Bunn  
Gwendolyn Caldwell  
Theodore & Susan Caldwell  
Douglas & Robin Canfield  
John & Catherine Carter  
Catlettsburg Refining, LLC  
Alice Clapham  
Teresa Clark  
David, Dolly, Ryan, & Amy Click  
Philip E. Cline  
Comfort Presbyterian Church  
Damon & Regina Cooke  
Jane Craddock  
Dennie & Dottie Craig  
Lisa, Brian, Bob, & Betty Curtis  
Bill & Lois Dolin  
Robert & Mary Edge  
Barbara Everett  
David & Deborah Everett  
Farmdale Church of Christ  
Jane Ferguson  
Fred Ferguson  
Lila Fife  
First Baptist Church of Hurricane  
William & Dorothy Fitchett  
Paul & Milla Flaugher  
Janet Ford  
Bob & Pat Forte  
Becky Foster  
Jeannie Foster  
Mr. & Mrs. Brett Foster  
Rebecca Foster  
Thomas Fulcher  
Sandra Gilmore  
Ernest & Helen Goldar  
Chuck & Pam Gruber  
George & Brenda Guibert  
Mr. & Mrs. Alan Hartley  
Sandra Hatten  
Mary Hensley  
Highlawn Church of Christ  
George & Patricia Hodges  
Mary Hutton  
International Brotherhood of Electrical Workers Local Union #317
EMOGENE DOLIN JONES HOSPICE HOUSE DONATIONS

Barboursville Lions Club, Inc.
Thelma Black
Sandra Casey
Lee Ann Hill
Open Door Baptist Church
Janelle Willis

GIFTS FROM THE HEART MEMORIALS AND DONATIONS

Ardella Adkins
Charlotte & Norman Adkins
Delores Adkins
LaDonna Adkins
Linda Adkins
Marcia Adkins
Mr. & Mrs. James Adkins
Mr. & Mrs. Brian Agee
Mrs. William Agee
Herbert & Reda Alford
John & Mildred Alusie
Nancy Alusie
Appalachian Model Railroad Society, Inc.
Bevery Bailey
Patricia Bailey
Dan & Sylvia Baker
Mrs. William Barnett
Robert Barrett

Mr. & Mrs. Clyde Beal
Barry Beckett
Juanita Beckett
Willodean Bing
Danny Boster
Billy Bowen
Pamela Boyd
Donald & Dinah Jo Bragg
Tom & Rosemary Braley
Charles & Vicki Buell
Kimberley Burcham
Charles & Betty Buzzard & Family
Maureen Carbone
Raymond Carroll
Lucian & Charlotte Carter
Joan Cartmill
Elizabeth Chapman
Virginia Chapman
Helen Childers
Marsha Childers
Mary Childers
Mrs. W. Christian
Sharon Clagg
Janice Clark
Jeff & Sheila Clark
Judith & Donald Cliff
S. Marion Creamer
Nancy Crickard
John & Peggy Crowder
Charles Culp
Thomas Curry
Pamela Cyrus
Blanche Damron
Royce Damron
Russell Damron
Mac Daniel
Jennifer Davidson
James & Donna Day
David Denning
Jack & Barbara Dillard
Fred & Delores Donohoe
John & Judith Dowrey
Rhonda Dotson
Jami Drake
Jerry & Virginia Earwood
Kathleen Edwards
Natalie Elliott
Mona Ellis
Lawrence & Janis Eplin

Nellie Etting
Fabric Town, Inc.
Paul & Charlene Farrell
Terry & Sandra Fanger
Ronald & Roberta Ferguson
Dr. John & Anne Fidler
Ruth Fisher
Marvin & Sue Fletcher
Ronald Flora
Joan Foley
Katherine Forbes
Larry Fouch
Edmund Alan George
Lynn & James Glendinning
Charles & Nicolette Goheen
Phyllis Gould
Laura Gray
Chuck & Pam Gruber
Guyandotte Elementary School
Mary Hanrahan
Harbour Mobile Home Park
Judy Harder
Mary & Larry Hawthorne
Robert Hickman
Marjorie Hollandsworth
Allan Hutchinson
Donna Hutchinson
Thomas & Karla Hysell
James Irwin
Deloris Jarrell
Joy Jarrell
Ron & Barbara Jarvis
Peggy Jeffers
Richard & Donna Jefferson
Daniel Johnson
Debby Johnson
Theodosia Johnson
Lori Joyce
Robert Kapinos
Nevada Kilgore
Janice Kuhn
Sylvia LaFon
Ruth Lambert
Pamela Layne
Charles Legg
Ginger Lewis
Glen & Dorothy Lilly
Andrew & Dianna Lino
Darrell & Anita Looney
Ruby Lycan
Leah & Chris MacFarlane
Chester Madden
Jim & Brenda Mann
Melanie Mansour
Gid Marcum
Joan Massey
Mollie Maynard
Eric McClellan

Linda Jefferson
Clara Turner Jeffery & Family
Garnet Keeney
Karen Keeney
Stephen Keeney
Connie Kirk
H. B. & K. D. Kirschenmann
Mr. & Mrs. Kevin Kitchenhoff
Betty Knight
Margaret Krejci
Mr. & Mrs. Stephen Kruckeberg
Jim & Shirley Lewis
Joyce & Edward Lincoln
Jerry & Alice Lombardo
Anna Lycan
M & G Polymers USA, LLC
Marathon Petroleum, LLC
Doris Martin
Steven McCorkle
Barbara McGraw
Avalee Meek
Wilson & Joan Miller
George & Judy Mollohan
Judith Moore
Paul Neace
June & Charles Nemec
Ellen Osborne
The Overby Family
Evelyn Paugh
Sterling & Pamela Paugh
Joan Paul
Esther Perry
Geraldine Perry
Carol Pitkin
David & Carolyn Plants
Sue Poole
Rico & Carolyn Rallos
Recovery Room Staff/CAMC Memorial
Marsha Riggs
Sharon & Robert Riley
Brenda & Winston Roberts
George Robinett
Anna B. Rose
Millel Rudd
Gary Saunders
Joan Scarberry
Betty Setliff
Hilma Sheatler
Robert & Janet Sheldon
Leroy Simmons
Charles & Sarah Smith
Doris Smith
Douglas & Martha Smith
Darrell Sovine
Special Metals Corporation & USWA Local 40
Ben Spurlock

Charles & Dorothy St. Clair
Earlene Stansell
Marjorie Streib
Sunshine Freewill Baptist Church
Virginia Tackett
The Golden Girls
Lawrence Thompson
Mr. & Mrs. Bill Tipton
Tony & Dianna Tominson
Eva Traylor
Donna M. Underwood
Valley Ball Basketball Tournament Committee
Gary & Gail Vannoy
Betty & Donald Warner
Thomas Weekley
Everett & Lois White
John White
Women of the Moose Barboursville Chapter 2223
Sheila Wood
WV Behavioral Healthcare Providers Association
WV Department of Highways

An Appreciation

29
Jerry & Jacquelyn McClellan
Elizabeth McCloud
Sara McComas
Virginia McComas
Toni & Mike McCord
Donald & Dorothy McDowell
Donnie McGraw
Alta McKinzie
Kyle & Ava McMullen
John & Nina Meadows
Linda Mega
Judith Melton
Karen Mencotti
Ruth Meredith
Sally Michel
Judy Mickiff
Lottie Mickiff
Laura Miles
Everett Minton
Morris Funeral Home
Teresa Morris
Linda Munyan
Fred & Vicky Murdock
Martha Nolan
Zea Nolen
Alvin & Vickie Nolte
Dr. Richard & Sally Oakes
Nicki & Keith Osburn
Suresh Parab Desai
David Pardue
Jewell Payne
Donald & Barbara Perry
Dreama Perry
Eldreth Perry
Mr. & Mrs. Tyler Perry
James & Teresa Pickett
Ronnie Pickesimer
Bill & Denise Pigman
Patricia Pinkerton
Charles Pletka
Dorothy Preece
Anita Prelaz
Joe & Jo Ann Preston
Thelma Preston
Benjamin & Barbara Price
Kenny & Susan Queen
Janice Ransbottom
Sarah Reed
Mr. & Mrs. Arthur Rice
Mary Riggs
Michael Riley
Jeri Ripley
Amy Roberts
Joyce Roberts
R.O. Robertson, Jr.
Glenda Ross
Betty Sargent
Nada Saunders
Emma Schneider
Thomas Scott
Anna Sellards
Mr. & Mrs. Samuel Shimp
Irma Shy
Becky & Steve Simmons
Geraldine Simpson
Betty Skeens
Sandra Skidmore
Donald Smith
Rebecca Smith
Jennifer & Rich Spangler
Patricia Spradling
Troy, Merilyn & Katie Spry
Carol Stein
Mary Lou & Jim Sullivan
Mary Sutfin
Lenora & Gerald Sutphin
Eleanor Swann
Mary Sweepston
Patricia Sydnor
Teresa Chapter 257 OES
Patricia Thacker
Mary Theodore
Connie Thomas
Katie Thompson
Virginia Thompson
Albins Tillers
Kenneth & Connie Turley
Ted & Karon Turley
Thomas & Patricia Turman
Geneva Tyson
Universal Federal Credit Union
Glen & Coletta Van Atta
Charlotte Vance
Danny Vance
Michael & Carolyn Waggoner
Janet Wallace
Melinda Wallace
Jennifer & Dave Walton
Janet Ward
Joanne & Walter Watts
Barbara Weaver
Lucretia Webb
Teresa Weber
Nancy Weider
Keith & Bernadette Wellman
Carl White
Darrell & Kathy White
Carol Wilcox
Jane Wilhelm
Hershel Williams
Hack Wilson
Janice Wise
Vicki Wiseman
Women’s Club of Beverly Hills
John & Stephanie Woolfolk
Roger & Norma Wooten
Craig Young
Roderick & Barbara Young

**PROJECT NOAH’S ARK**
Mary Alice Freeman
Anonymous Donor
Reid Blank Ride

**VETERAN’S MEMORIAL SERVICE**
AVVA Chapter 949
Shelly Betz
Thelma Black
Franklin & Terri Crowe
Dr. & Mrs. Jack & Judy Eblin
Pryce & Summer Haynes
Timothy & LeeAnn Hill
Huntington Detachment #340
Kelli Lindsey
S.O.A.R.,
Frema Wilson
Woodmere & Ridgelawn
Memorial Parks
Rabbi David Wucher

**CAPITAL CAMPAIGN**
Bob Fouch
Alan & Catherine Morrison

**HOSPICE HUGS**
Wanda & John Skidmore
Wesleyan School of Kenova
United Methodist Church

**CAMP GOOD GRIEF**
Anonymous
Lois Elkins

**MEMORIAL TREE FUNDRAISER**
David Dick
Janet Draper
Boyd Finley
John Hunt
James Kinzel
Ruth Meredith
Milton Church of Christ
Myrtle Prichard
Elizabeth Whitt

**Endowment Trust Additions**
J.H. Fletcher & Company
BPO Elks Huntington Lodge

---

**No. 313**
Jordan-Smith Electric Company, Inc.
Cal Kent
John & Cassie Landers
Thomas & Becky Martin
Betty Jean McComas
Brandon B. Roisman
Gerald K. Sleighter Estate
Kevin & Mary Alice Yenling

---

**30 SHARING**
Nested on the banks of the Ohio River with a view of the 31st Street Bridge, the Emogene Dolin Jones Hospice House offers the perfect location for our “Bridge of Caring.” Leaves, clouds and stones can be inscribed in perpetuity in remembrance or honor of a special person chronicling the growth of philanthropic support for Hospice of Huntington.

This “Bridge of Caring” Donor Wall is much more than a beautiful sculpture. In addition to recognizing significant naming gifts in a permanent and meaningful way, it also symbolizes our long-standing tradition of excellence in providing compassionate physical, emotional and spiritual care for those with a life limiting illness and continued support for their families.

If you are interested in supporting this project through your special gift, please contact Karen Dickson, Director of Planned Giving and Major Gifts, at 304.633.2169 or by email at kdickson@hospiceofhuntington.org.

**Thank you to the following who have supported our Bridge of Caring through their generous donations.**

- Keith & Patty Adams
- Bethany Adkins
- Advantage Toyota
- John L. Allen Family
- John & Middy Aluise
- Nora Artis
- Robert Bailey
- James & Joyce Baisden
- Nat Baumgarder
- Lisa Blake
- Charlie and Mary Ann Brown
- G. David & Martha Brumfield
- Nell Brumfield
- Amanda & Craig Buell
- Vicki & Charles Buell
- C-K Florist, LLC
- Saundra L. Casey & Family
- R. J. Chenoweth
- Larry & Dee Clark
- Sid & Arlene Clark
- San & Vivian Collins
- John & Betty Cook
- Kerry L. Crawford
- Keith & Christina Creasy
- Ron & Jo Anne Cyrus
- Samuel & Martha Dameron
- Glennia P. Daniels
- The Family of Shirley Broh Davis
- Roger D. Elkins
- Paul & Charlene Farrell
- Trelma Fuller
- Rose Mary Gadbut
- Gene & Kim Gardner
- Jeffrey & Patricia Greenhill
- The Family of Edward J. & Eleanor G. Hannel
- Greg & Terry Deppner Hardin
- Fred & Linda Haughey
- Michael & Elizabeth Hensley
- Christi Holley
- Scott Hensley
- Lloyd G. Jackson II
- Kit Jenkins
- Alberta Johe
- Cal & Nita Sue Kent
- Patti Kirk
- Peggy Kirk
- Richard & Rita Klein
- Thomas & Julie Klein
- Jerry & Sherrie Lake
- Robert L. Lake
- Lincoln County Advisory Board
- James & Kathleen Linsenmeyer
- Ruth Lynd
- Mark Mauldin
- Buck & Eileen McComas
- Susan McCracken
- James & Sherrie Mears
- Kay Mears
- Corden Merritt
- Jerry & Shirley Micikff
- Adelle Morrison
- Karen & Edward W. Morrison Jr.
- Earl & Frankie Newman
- The Family of Virgil Nichols
- David Perdue
- Dr. Cindy Pinson
- Charles D. Pratt
- Janis and Jim Pratt
- Suzanne Rabin
- Ron & Joy Roach
- Ruth Drenan Sevy
- Dr. William S. Sheils, Sr. Family
- Jim & Gaynell Smith, Jordan-Smith Electric Company, Inc.
- Bill & Dean Stark
- St. Mary's Medical Center Health Information Management
- Jeffrey A. Strickland & Janet Wolcott
- Ben & Margaret Swindler
- Laura Thackston
- Pete Thackston
- David & Gloria Thompson
- Kathryn Thornton
- Thomas Tippett
- Wayne County Advisory Board
- Donna Underwood
- David & Jacqueline Vascura
- Kristen Weekley-Cooley
- Lynn Weiker
- Luther Woods
We dedicate this magazine to our veterans – a society of men and women who have given so that the United States remains a free nation. Some have given their lives, others parts of their body or mind. Some have given only part of their youth while others have made the military their career.

When I went into the U.S. Air Force I was not thinking of becoming a veteran. I had just finished aircraft maintenance school and received what then was called a “draft notice.” Those years in the military may have been some of the best years of my life (although, I did not think so at the time). They helped me transition from being a youthful student to an adult and, while at it, I received an opportunity to see some of the world. Some places I visited were certainly nicer than others. England and Italy were beautiful; Korea was ancient, quaint and real. Vietnam was a mess, but what war isn’t a mess?

I met many great people during my time preparing to be a veteran. Some did heroic things; most simply did their job. Some gave all, while others were glad to be alive. All loved coming “home.” Home can be many places for our veterans. For some it is a busy city, while for others it is the quiet tranquility of the country. For some it is the majesty of the mountains and others it is the whistling of the wind on the plains. As the song “America the Beautiful” states, we are a nation that stretches from “Sea to Shining Sea.”

Our veterans come from all races, religions and walks of life. Some are men and some are women. Some are older and some are straight out of high school. The one thing in common about all veterans is that they stood ready to defend the United States of America. They served on ships, in planes and on the ground. Some had jobs that may have been easier than others but every job was vital to the success of the mission and each had a distinct purpose. Every veteran went where they were told to go and did what they had to do – even when they did not like it.

Many of our veterans today are in the later years of their lives. Statistics from the Department of Veterans Affairs tell us that about 60% of the veterans today are 60 years of age or older. Every one of our veterans has a life story and part of that story is about their military service.

I have never met a veteran who was not proud to be an American. I have never met a veteran who did not admire and respect our flag. I have never met a veteran who wanted to live anywhere but in the United States. As this magazine comes to an end, the “last words” that a veteran might want to hear are “thank you.” I believe that some of the last words every veteran might like to say are also “thank you.” Thank you to God for putting me in this country, thank you for this nation that is free, thank you for giving me an opportunity to serve her, and thank you that I am an American.

Thank you.
Another First for

St. Mary's
Breast Center

SAME-DAY RESULTS!

3D MAMMOGRAPHY

St. Mary’s was the first to bring 3D Mammography to the Tri-State. Now we’re first with same-day results. Our new voice recognition technology makes it possible for our radiologists to read the mammograms and make those results available to your physician the same day you come to the breast center. It’s the peace of mind that comes from early detection and same-day results.

Call Today to Schedule Your Annual Mammogram

304-526-8221
Introducing the 2013 Hospice Angel

This exclusive hand-blown angel design was crafted by John DesMeules of Glass Dimensions in Eleanor, West Virginia. These beautiful angels are great for someone special to you, or may simply become an addition to your collection.

Angels may be purchased by mail by downloading the form on our website www.hospiceofhuntington.org or at our gift shop ($45 + tax), located at 1101 Sixth Avenue in Huntington. Proceeds benefit terminally ill patients in Cabell, Lincoln, Mason, and Wayne counties in West Virginia and southern Ohio.

Limited quantity, so get yours today!